**Woodlands Menu 2023-2024**

**Week 1**

**Monday A) Pizza Bonanza Pepperoni or Margherita Pizza Served with Wedges & Baked Beans**. A deep pan pepperoni or plain cheese pizza, Mamma Mia!

**B) Pasta Bonanza (V) Creamy Tomato Pasta Served with Sweetcorn & Garlic Bread.** Pasta twists in a homemade tomato sauce finished with cream.

**Tuesday A) 2 Oven Baked Sausages Served with Mashed Potato, Peas & Gravy.**

 **B) (V)** **Vegetable Tikka** **With 50/50 Rice & Naan Bread**. Mixed Vegetables in a homemade Tikka

 Sauce.

**Wednesday A) Deep filled Meat & Potato Pie Served with Carrots & Gravy,** a herby shortcrust pastry pie

 packed with melt in the mouth beef & potatoes in a delicious thick gravy.

 **B) (V) “Mac N Cheese” Served with Broccoli & garlic bread,** a favourite, need we say more**!**

**Thursday A) Butter Chicken Curry Served with Pilau Rice & Onion Bread** a mild and buttery curry sauce, served with steamed pilau rice and homemade caramelised onion bread.

 **B) (V) Quorn Sausage Hotdog with Oven Baked Wedges & Slaw**

**Friday A) Fishy Friday!** Harry Ramsdens Fish fillet With Chipped Potatoes & Peas.

**B) (V) Beans & Cheese Quesadilla With Chipped Potatoes & Salad Sticks –** half a tortilla wrap, stuffed with a cheesy bean mix, folded and toasted.

**Week 2**

**Monday A) Homemade Chicken Korma Served With 50/50 Rice & Naan Bread**

**B) (V) Herby Cheese & Potato Puff Pastry Parcels with Baked Beans –** puff pastry parcel or whirl filled with cheese & herb mashed potato.

**Tuesday A) Spaghetti Bolognese with Crusty Bread**

**B) (V) Pasta Neapolitan Served with Garlic Bread**, a sweet and slightly spicy tomato-based pasta sauce packed with veg, with the choice of a cheese topping**.**

**Wednesday A) Honey Glazed Gammon with seasonal vegetables, homemade Yorkshire pudding Paprika potatoes & gravy.**

**B) (V) Chilli Con Carne Served with Long Grain Rice & Mexican Bread** Quorn mince in a slightly spiced tomato sauce with kidney beans served with rice and Mexican bread.

**Thursday A) Spanish Chicken Served with Sunshine Rice & Tomato Bread** chicken and pepperoni in a

 tangy tomato, garlic, paprika & thyme sauce with onions & peppers.

**B) (V)** **Sweet & Sour Served with Egg Fried Rice** – Quorn pieces, onions & peppers in a tasty homemade sweet and sour sauce.

**Friday A) Fishy Friday! Harrey Ramsdens Fish fillet With Chipped Potatoes & Beans**

**B) (V) Pizza Pockets with Chipped Potatoes Salad Sticks or Coleslaw,** a tortilla wrap stuffed with pizza sauce and cheese.

**Week 3**

**Monday A) Woodlands Favourite! Big Breakfast** Sausage, Bacon, Hash Brown & Beans with a choice of Scrambled Egg, Mushroom & Grilled Tomato

**B) (V) Veggie Breakfast** Quorn veganSausage, Hash Brown & Beans with a choice of Scrambled Egg, Mushrooms & Grilled Tomato.

**Tuesday A) Cheesy Cajun Chicken Pasta Served with garlic and Herb Bread** Chicken and veg (shhhhhhh) in a delicious cheesy Cajun pasta sauce.

**B) (V) Keema Pie Served with Carrots & peas** cottage pie with a twist! Curry style lentil & veggie mince topped with a turmeric sweet potato mash.

**Wednesday A) Roast Chicken in Gravy, Homemade Yorkie, Seasonal Vegetables & Roast Potatoes**

 **B) Cauli & Broc Cheesy Bake, Homemade Yorkie, Seasonal Vegetables,**

 **Roast Potatoes & Gravy**

**Thursday A) Traditional Scouse** braised beef with onions, potatoes & carrots in a thick gravy served with crusty bread.

**B) Katsu Crispy Quorn Curry**- Quorn Nuggets Topped with and sweet curry sauce served with basmati rice.

**Friday A) Chicken Goujons with Chipped Potatoes & Sweetcorn**

 **B) (V) Sausage Roll, With Chipped Potatoes & Baked Beans**